

## FLYING HIGH NEWSLETTER

Volume 2 Issue 4

September / October 2015

**Pray up your Life, Pray up the World!**

# UNITY WORLD DAY OF PRAYER

SEPTEMBER 10, 2015

Be part of the experience.

This year Silent Unity celebrates its 125th anniversary. All across the globe countless individuals have been supported through challenging times by this 24-hour, 7-day a week prayer ministry that was created in April of 1890 by Unity cofounders, Myrtle and Charles Fillmore. World Day of Prayer, which is sponsored by Silent Unity, began in 1993 by a group of ministerial students one of which was Silent Unity Vice President Rev. Lynne Brown. On Thursday, September 10, 2015, people from all around the world will join together in prayer. Unity churches will open their doors to individuals to pray for themselves, their loved ones and to unite in prayer for world peace. Below is the schedule for Unity by the Shore:

8 AM - 9 AM	Sanctuary is open for personal silent prayer
9 -10:30 AM	Mindfulness with Judy Weaver
4 - 6:30 PM	Silent prayer as well as one on one prayer with a chaplain
7 PM - 8 PM	Taize Service conducted by Angela Denton & Jeffrey Boga*

\*A Taize service consists of a flow of short spiritual readings, chants/song, prayer and periods of silence.

Individuals may fill out a list of names of individuals that they would like Silent Unity to hold in prayer on September 10th. These lists can be filled out at UBTS and be placed it in our prayer box. Or, individuals can go directly to <http://www.unity.org/wdop> to send in prayer requests online as well as light a virtual candle.

**Let's get prayed up Together!**

# A Message From Our Spiritual Leader

By *Angela Denton*

**B**ehold, I will do a new thing; now shall it spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert.

In this declaration from Isaiah 43:18-19 we are reminded of the promise of new life that emerges after a period of barrenness when we are asked to let go of what was in preparation for new beginnings. Within the last few months Unity by the Shore has gone through numerous changes and has gone through a period of release. As the summer comes to a close, we can truly see that a new dawn is on the horizon.

As we stand at the threshold of a new day, let us pause for a moment and give thanks for the courage, strength, resilience, and commitment to spiritual growth that we have demonstrated over the last past year even when the road became bumpy at times. Let us give thanks to all of the ministers, spiritual leaders, lay leaders, musical directors, musicians, members and guests who have contributed to the creation and participation of the evolution of UBTS. We stand on the shoulders of not only those who came before us here at UBTS, but also on the shoulders of our ancestors who started the Unity Movement. Let us reflect in loving reverence and in gratitude for Unity cofounders, Charles and Myrtle Fillmore and the great spiritual leaders of the Unity movement, such as, Emily Cady, James Dillet Freeman, and Eric Butterworth. Their masterful genius has inspired spiritual growth in the lives of countless individuals.

Not only are we here in our spiritual community embarking on a new chapter, but so is Unity World Wide Ministries (UWM) and Unity World Headquarters at Unity Village (UWH ). UWM has taken over the educational oversight of the ministerial and spiritual education and development



programs from UWH. UWM is in the process of creating task teams to examine current educational requirements and paths to credentialing for ministers and licensed teachers. In addition, they are looking at improving and increasing online learning as well as creating satellite onsite learning opportunities through out the 10 established Unity regions internationally.

I believe new and exciting possibilities lie ahead for us here in our community and within our movement. Although new beginnings are characterized by the excitement of limitless possibilities, change is not easy for some of us. Many become comfortable with the familiar, fear the unknown, and worry if they will lose the foundation that they have been used to standing on for so long. Many even question, "Will there still be a place for me?" Dear friends, change is inevitable and is a sign of movement and growth. We can move through change in our lives with resistance and closed mindedness, thereby, blocking the flow of evolution and new life. Or, we can stand in the discomfort of new ideas and experiences with open minds willing to explore and be transformed. The Fillmores were spiritual explorers and pioneers who taught us to be "sowers of the seeds" of new ideas that are ever present in Divine Mind, the Source of limitless potential and the Spiritual Substance of life.

In the upcoming months and year, please hold UBTS and the Unity movement in your daily prayers. I ask you to be open to new ways of doing things. Lastly, I invite you to become an active participant in the co-creation of the next phase of our evolution.

*Love and light,*

**Angela Denton MA; P.D. MFT; LUT**  
SPIRITUAL LEADER

# Our President's Message

By Angela Stewart

What does service mean to me? For me, the essence of service is gratitude and love. Gratitude for what was/is so freely given to me, and love for all the servants who have come before and for those who walk the path with me now. I have had many servant role models in my life, but my first ones were my Mema and Granddaddy, Ludie and Jack Lunsford. They were very active in their home town of Bessemer, Alabama and in their church, The First Presbyterian Church of Bessemer. Both were very church, community and service oriented. Mema was involved in - and generally on the board of and/or president of - church women's groups, community women's projects, school PTA and Red Cross- donating blood at the multi-gallon level. Granddaddy was more involved in the community at large including Rotary, providing leadership and direction with numerous community projects. In homage to them both, who gave so much of themselves and their time, I try to walk the same service path. One small part of that is to make a commitment to give blood whenever I am eligible. I have a long way to catch up to Mema, but I am at a good start with 31 lifetime donations (made the gallon club!)

So, you see the sense of responsibility to give back has been instilled in me from an early age. I believe that giving back and helping others is my primary purpose for my time here. Service does not only mean to just my church or other organizations, it is also in quietly giving to friends in need, in my workplace, and being awake and aware to the opportunities to lend a hand or to provide a supporting shoulder.

While writing this, I looked up that old church of my grandparents and found that it had closed and relocated under a different name. I was saddened remembering the beauty of the building, the smell



of the sanctuary, and the joy and solace it gave my family as they grew. I wondered what happened, where was everyone? I know that time moves on and so do families, maybe the community changed, or there was no longer a need for that church there, but this is one of the reasons I feel so strongly about supporting those communities and organizations that are important to me.

These revered places need to be here for me now and later for those who will come after me.

At Unity by the Shore we have a long history of service with many dedicated Joyful Stewards who have given so much of their time, talent, and love to this community. Thank you from the bottom of my heart to the many who have lent not only a hand, but maybe even a little blood, sweat and tears! You helped this sacred community become a place of divine love and joy. Recently, UBTS celebrated 64 years of that love and joyfulness, and this is one of those opportunities that I mentioned earlier. The moment to be awake and aware of the need, to ask ourselves: what does service mean to me; where do I stand in returning the love that has so freely been given; where can I make a difference and continue the legacy? At this pivotal point in UBTS's history, here is the occasion to be a part of something so extraordinary and divine; to make a difference in so many lives now and in the future. Where can you fit in? Where can you make a difference? Come see me and let us discover your path together!

**Angie Stewart**

PRESIDENT - BOARD OF TRUSTEES

*"We shall serve for the joy of serving; prosperity shall flow to us and through us in unending streams of plenty." — Charles Fillmore*

## Our Music Ministry

### *Jeffery Boga brings wide musical talent to his new job*

*by Flo Higgins*

**H**is music rang throughout the church. It was the music of Jeffery Boga, the new Music Director of Unity by the Shore. His rendition of Stevie Wonder's "If It Is Magic" captivated the audience at the August 23 service when he was introduced to the congregation.

Jeffery has been named to replace Laura DuBois, who left our church after more than a decade to live on the west coast.

Since he has worked with a number of churches since 2003, he was interested in the job. Jeffery brings a fantastic musical background to his job here and has been involved with Unity since he was in his teens.

Jeffery is presently the Director and Music Educator at Red Bank High School in Red Bank. He lives in Oceanport, and has traveled throughout the United States and world wide. This summer he and friends visited and hiked in Austria.



He has a musical background with a degree in Music from Oberlin College, a Masters degree in Music Education from the University of Georgia and a Masters in Music and the Violin Performance from the University of Memphis. He was a member of the resident string quartet at Rice University.

Jeffery has also lived and worked in Germany and discovered Unity while at a high school boarding school in North Carolina.

He said his plans for the church include a continued wide diversity of music, the choir and guest singers and musicians of the past. He also will continue the band.

Jeffery noted he loves the wide diversity offered by Unity, the talents of Unity people, and the love Unity people have for music. Jeffery calls himself a "Unity person."

## Our Children's Ministry

*By Sally Kurth*

**I** hope everyone had a wonderful and restful summer. We look forward to another awesome year co-creating with our Youth of Unity by the Shore. I am happy to announce our new Youth choir director, Patrice DeVincentis. She is a talented musician and we are so blessed to have her as our new choir director.

A few things to look forward to this year. We will be attending more Uniteen and Y.O.U. retreats this year. The retreats are so uplifting and inspiring and our teens can't wait to go again. We will also have movie/pizza night for our Unitots.

More information to follow.

Also we are excited about our upcoming building expansion for our additional classrooms. Thank you everyone for supporting our Youth program, for they are our future.

Final note- Thank you to our teachers, Lindy Stork, Donna Poulsen, James Wilson, Dina Ridout, Maryellen Miller, Will Guzzy, Mary VerCande and Patrice DeVincentis as music director. We are so blessed and grateful. Here's to an incredible Spirit-filled year of love, joy and expansion!

# Spiritual Growth

## **The Fifth Agreement: A Practical Guide to Self-Mastery**

A New York Times bestseller for over seven years, The Four Agreements transformed the lives of millions of people around the world with a simple yet profound message. Now author and renowned spiritual teacher Don Miguel Ruiz has collaborated with his son, Don Jose Ruiz, on its long-awaited sequel The Fifth Agreement: A Practical Guide to Self-Mastery. This captivating book expands upon The Four Agreements with fresh insights and empowers us to recover faith and authenticity with a powerful new agreement: Be skeptical, but learn to listen.

6 Week Book Study held at 2 different times for your convenience!

**Thursdays 1:00-3:00 PM September 10th- October 15th**  
**Tuesdays 6:30-8:30 PM September 15th- October 27th**  
(no class on October 6th)

Facilitated by Angela Denton MA; P.D. MFT; LUT  
Cost: Love Offering

## **AGELESS VITALITY A Unity Wellness Class**

Simple movements for body, mind, and spirit  
Increase Balance, Range of Motion, Peace of Mind  
No experience or equipment necessary.

**Taught by Kat Grausso**  
**When: September 17th**  
**Thursdays 3:15-4:15**  
**Cost: \$10**

## **Unity Inside Out New Members Class**

This course will cover the following:

- The history and foundation of the Unity movement
- The five basic Unity principles
- An introduction to the Twelve Powers, metaphysical thought, and spiritual laws

### **Sundays from 12:30-2:30 PM**

- September 20 & 27
- October 4 & 11 (class will commence 1:30 PM on Sunday the 11th)
- November 15, 22, & 29 • Dec 6

Those wanting to become a member of Unity by the Shore must attend 6 out of the 8 classes.

**Cost: Love offering**  
**Facilitator: Angela Denton MA; P.D. MFT; LUT**

## **Continuing the Conversation** Presented by Gayle Hammond

On October 4th I will present a second workshop on the afterlife and the process of death. I am calling this "Continuing the Conversation." For those who did not attend the previous workshop I have copies of The Five Wishes, an actual living Will. I will answer questions and we will talk more about "what is heaven like." I would love to have you join me. Invite your adult kids. It is really not somber, but very informative.

**October 4th at 12:15pm**  
**immediately after the service at Unity by the Shore.**  
**Cost: Love Offering**

## **A Chorus in Miracles - A full feature documentary on a Course of Miracles** **October 23, 2015 6-9 PM**

Join us in celebrating the 50th Anniversary of A Course In Miracles

A Chorus In Miracles will be screened in hundreds of theaters and churches around the world beginning on October 21st, 2015. Join hundreds of thousands of people celebrating one of the most powerful spiritual movements in history.

A Chorus in Miracles is not like any spiritual movie you've seen.

NY Times Bestselling author James Twyman followed a group of students and teachers of A Course In Miracles for nearly a year, and what he discovered will amaze you. From Grammy Award winning musician Victor Wooten to a university professor who integrates ACIM into his systems engineering classes, these are a few of the people who bring an exciting new voice to spirituality. The documentary is also filled with the music that has lifted tens of thousands of people during the 50th Anniversary of the Course.

**Doors will open at 6 PM - Unity by the Shore (UBTS),  
3508 Asbury Ave., Neptune, NJ 07753**  
**Advance Ticket sales in person at UBTS or online at**  
**<http://unitybytheshore.org/acim-movie/>**

**Cost: \$10 per person if purchased at UBTS**  
**\$10.75 if purchased online (PayPal fee)**

# Giving Tree

by Flo Higgins



Located on the rear wall of the Sanctuary, the Giving Tree is a large wall sculpture featuring names of people you wish to honor. Your donation to the Giving Tree is a wonderful way to honor friends, family, organizations and also to help support expansion of the church. It is also a glorious way to celebrate your children, grandchildren, parents, pets or just about anyone important and meaningful in your life.

Fill out and send the form below to the church and then look for your loved one's name on the Giving Tree.

To: Unity Church By The Shore – Board of Trustees 3508 Asbury Avenue, Neptune, NJ 07753 • 732-918-3395

YES, I/We would love to offer part of My/Our Financial Blessings towards the expansion of our Church. We have indicated the details of Our Contribution below.

Tree of Life: A Permanent Memorial displayed in our Church Sanctuary  
I /We will donate \_\_\_\_\_ Leaves at the suggested amount of \$250 per Leaf.  
Please print your request below: maximum is 3 lines of 20 characters per line.

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Send to: Unity Church By The Shore • 3508 Asbury Avenue, Neptune, NJ 07753  
For more information call: Flo Higgins • Phone: 732-842-3871 • E-mail: floh2@comcast.net

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**JUNE**  
**Income**..... \$8,910.09  
**Expenses**..... \$9,385.58

**TITHES:**  
Unity Worldwide..... \$469.28  
Eastern Region..... \$234.64  
SEE Fund..... \$ 93.86  
Discretionary Fund..... \$140.78

**JULY**  
**Income**..... \$8,776.07  
**Expenses**..... \$11,042.89



# Classifieds

Place your ad here. **Flying High** publishes 6 issues a year and is mailed to approximately 200 readers. 95% in New Jersey with 90% in Monmouth and Ocean Counties. It can also be viewed on our web site: [unitybytheshore.org](http://unitybytheshore.org). Rate for yearly listing is \$50.00. Rate for one issue is \$15.00. Contact **UBTS** at **732-918-3395** to place an ad or for additional information. Appearance of an ad here should not be construed as an endorsement by Unity By The Shore.

Please Visit:  
**Unitybytheshore.org**  
*for the latest **Flying High** newsletter, events  
 and other Church information*




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**New to Our Website!**



Unity by the Shore  
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[www.UnityByTheShore.org/shop](http://www.UnityByTheShore.org/shop)

This is a wonderful opportunity for you to purchase goods and services in a way that supports your spiritual home and saves you money along the way!

Every time you purchase goods and services, make sure to **FIRST** stop at our shopping portal, click the link to the vendor of your choice, and do your shopping.

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## **OUR MISSION STATEMENT**

### **UNITY BY THE SHORE**

is a vibrant community, supporting spiritual growth through awareness of God's presence within and the teachings of Christ Jesus.

## **OUR CORE VALUES**

### **SPIRITUALITY**

We are centered in Christ consciousness

### **ONENESS**

We are one in spirit

### **INTEGRITY**

We act with honesty, openness, and commitment

### **LOVE**

We embrace all people as expressions of God

### **SERVICE**

We are joyful stewards of God

## **CONTACT US**

### **UNITY BY THE SHORE**

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**Web Site:** [unitybytheshore.org](http://unitybytheshore.org)

Church Service and Children's Church  
at 10:30 a.m. on Sundays

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