

New Member Induction Ceremony, July 7 2013



From left to right: Heru El Bey, Kat Grausso, Antoinette Leming, Valerie Wake-Evans, Lynda Siciliano (back), Tammy D'Aloia (front), Lynn Presley (back), Sharon Rasa, Mary Vercande, Tom Sciro, Myra Adams, Donna Rigsby, Brigitte Rigsby.

Not in Picture: Marie Mannino and Kathy Vercande.

Save the Date

Unity By The Shore
will have a

WORLD DAY OF PRAYER VIGIL

Beginning at 7:00 p.m.
Thursday, Sept. 12th.

Together in prayer, we can change
the world.

Blessing of Animals On Church Lawn

Saturday, Oct. 5th, 12 noon

Bring your animals for our
special Annual Blessing!
It is a blessed wonderful experience
for them and YOU!

Conducted by Rev. Joanne



*“Consider the lilies of the field, how they grow; they toil not, neither do they spin...”
(Matthew 7-28)*

Dear Friends,

The Fall is coming! Will it be like the Falls we remember or will it, too, be dramatically changed as those seasons in 2012-13? Perhaps the Universe is “cleaning up” the earth that mankind has “messed up”! Do we like the weather changes? Most don’t...it’s too great a CHANGE. It can’t be controlled. What if we see this weather change, meta-physically, as a blessing to change our consciousness; to let go of control of ourselves and others. Didn’t you make a “change” when you found Unity? Now you can see “change” as an ongoing adventure! As it says in Isaiah 48:6 “...From this time forward I make you hear new things, hidden things that you have not known.”

Now change may not be “comforting” all the time, but that’s part of your Spiritual Journey. As it says in Isaiah 48:6, you will encounter those “hidden things” and they have to be brought up into your awareness. Be patient with yourself as you bring up old subconscious beliefs about yourself and others. As Myrtle Fillmore, co-founder of Unity, says in her book How to Let God Help You, her changes were not accomplished all at once. She says, “There has been a gradual giving away of the old, established ideas, as we have steadfastly made room for the higher order of living. Do not think that it was always a pathway of roses, or that my head was continually above the clouds. We had many trying tests. But through it all we held unwaveringly to the principles that we caught sight of in that first lesson, and we have proved beyond a doubt that God is our help in every time of need.”

So whatever is going on in your life now, know that it will change, remembering that “Thoughts held in Mind produce after their kind.” As Myrtle Fillmore said, “The great Answerer makes no mistakes. We just get what we ask for.”

Blessings!
Rev. Joanne

THE PROSPERITY CORNER

As an independent spiritual community, Unity by the Shore is supported solely by the tithes and offerings of its members and friends. God is our Source, and YOU are the loving “channels” through whom God works. Thank you for your ongoing support of this ministry’s vision!

The Building Development Fund balance as of July 31, 2013, is \$14,979.75

May 2013		June 2013	
Income	\$17,048.00	Income	\$15,029.00
Expenses	\$15,519.00	Expenses	\$13,447.00
	Tithes		Tithes
Unity Worldwide Ministries	\$ 857.50	Unity Worldwide Ministries	\$ 751.50
Eastern Region	\$ 428.75	Eastern Region	\$ 375.75
SEE Fund	\$ 170.50	SEE Fund	\$ 150.25
Discretionary Fund	\$ 248.25	Discretionary Fund	\$ 225.50

UNITY BY THE SHORE MISSION STATEMENT

“Unity By The Shore is a vibrant community supporting spiritual growth through awareness of God’s presence within and the teachings of Christ Jesus.”

New Class

"LESSONS IN TRUTH"

By Emily Cady

September 5th - October 10th, 2013
Thursdays, 1:00 - 3:00 p.m.

Taught by Rev. Joanne

This is a clear, concise representation of New Thought philosophy and medical Christianity. The spiritual concepts presented in these twelve lessons show us how to increase our personal empowerment and enhance our spiritual growth. Cady encourages us to find our truth as it is written in our own hearts and then apply that truth in every area of our lives.

If you want to come "up higher" in your Spiritual Journey, you will experience it in this class!

Love Offering

Next Class: October 10-November 14
Thursdays 1:00-3:00 p.m.
to Be Announced

ONGOING CLASSES/GROUPS

- ❖ SILENT UNITY HEALING PRAYER SERVICE - Wednesdays, 12-1 p.m. This is a special time of prayer and silent meditation participated in by thousands around the world, using the Silent Unity Prayer Service. If you are interested in changing your consciousness rapidly and gracefully, please try to attend or take time apart at your home or office and join in this dynamic thought process with the multitudes around the globe.
- ❖ A COURSE IN MIRACLES - Thursdays, 11-12:30 p.m. Led by Pamela Whitman.
- ❖ HEALING PRAYER CIRCLE - Second Sunday of the month, 12:30-1:30 p.m. Please check the church schedule for any changes.

*Art from the Heart
with Mary Phillips*

*Saturday, 9/28/13
10:30 - 1 p.m.*

Review of Mom & Me & Mom

Book by Maya Angelou

By Flo Higgins

Maya Angelou has a magical way with words and this magic is fully realized in her latest bestselling book, "Mom & Me & Mom." She has certainly dug deeply into her heart and mind and told the story of her mother, Vivian Baxter.

She writes of God, love, and forgiveness which evolves around her long and loving relationship with her spirited, dynamic, theatrical mother.

She presents a deeply honest memoir of her trials and tribulations with Mom who she termed "A terrible mother of young children." This description was certainly drawn from the fact that her mother put three year old Maya and her five year old brother on a train alone for a trip to Stamps, Arkansas to live with their grandmother for 10 years.

Maya did not see her mother very often until she was 13 years old and her brother Bailey was 16. They were sent back to live with their mother in California. Her parents were divorced. Her father remarried. So, it was her mother who took over the rearing of the two teenagers.

This story details how Maya was able to understand and forgive her mother who became her most vigorous supporter as Maya grew into womanhood and fame.

Maya could not call the beautiful Vivian Baxter, "Mother," but called her "Lady."

This is a story of the power of forgiveness which played out in Maya's life — she was able to get an education, become a poet, author, teacher, performer, and a woman of honor and fame — all achieved with the constant help and love of her mother.

In this glorious book of forgiveness and God's love, Maya credits her mother with giving her the "gift of courage." It was courage which allowed her to accomplish more than she could ever have dreamed of as a child in her grandmother's house in Arkansas.

It was the same courage that led her to share her poem, "On the Pulse of Morning," at the inauguration of President William Jefferson Clinton in 1986.

Her brother Bailey was unable to deal with the abandonment by his father and mother, but mostly his mother. Consequently, he lived a far different life than Maya's.

It was Vivian Baxter who early on gave Maya the undying love of a mother. It was Vivian who, when Maya became pregnant at 17 years old, was there for her and helped her become a mother to her only child, Guy Bailey Johnson. It was her son to whom she dedicated this book, calling him a man of courage.

It was her mother who taught her to never take "no" for an answer and to stand up for herself against all odds. It was this philosophy which brought her to work with Dr. Martin Luther King; fight for women's rights; and take the role of a college professor.

All was forgiven. The mother and daughter were aware of their bond. It was now Maya who took care of her Mom when she was ill and dying.

This is a fast read and serves as a spiritual guide to anyone wanting to understand the need to forgive. It also illustrates the need to have a supportive person in our lives and to remember the importance of family and God in our lives. It is a beautifully told story of love and forgiveness between a mother and daughter. Like Maya's early bestselling book, "I Know Why the Caged Bird Sings," this book is well worth reading.



President's Message

Angela Denton (adenton10@optimum.net)

Can you believe “those lazy, hazy, crazy days of summer” are coming to an end? Summer seems to go by so quickly. I hope you have had an opportunity to take some time out to find respite in nature, play, and indulge in the Garden State’s bounty of fresh fruits and vegetables. As we say good bye to summer we open ourselves up to receive the gifts of autumn and, as many students young and old begin a new school year, we all sense the start of new beginnings.

In September the Board of Trustees will be looking for volunteers to serve on a Building Expansion Team. The Board asks you to hold the vision of ample space for children’s church and for fellowship. As we hold the vision together, the team will brainstorm ideas, examine expansion blueprints and information obtained from previous Boards, and explore new possibilities. If you have knowledge in this area or are eager to learn and serve please contact me.

Additionally, this fall the Board will be upgrading and expanding our multi-media technology within the sanctuary. We would like to modernize our ability to record services, classes, and other events and have the ability to project inspirational information, images, and videos. Through the actions of Pat Dunkin and Steve Dlugosz UBTS has been able to support the hearing impaired with head sets. These allow individuals to have a more meaningful experience during services and events. Let us now support those who better take in and process information visually. It is time for us to move into the multimedia technology of the 21st Century and support and enhance the spiritual growth experience for all at UBTS.

The Bylaws Team has been meeting throughout the summer. The task of the team has been to review UBTS’s current Bylaws to assess its alignment to Unity World Wide Ministries’ (UWM) recommended Bylaws for a Ministry. The goal is to have a clear, cohesive document that follows UWM guidelines. Members will be given several opportunities to review proposed amendments in the next several months. We would like to give members sufficient time to review the proposed amended set of Bylaws and ask questions, so that all will be prepared to make an informed vote at the Annual Membership Meeting in January 2014.

Let us all embrace the new opportunities for growth and expansion in the upcoming months. The Board welcomes your active service and we appreciate your ongoing encouragement.

“Ideas aren’t real until they are lived.” ~ Jim Rosemergy

I of the Storm



Eight Week Course

Wednesday Nights
6:30-8:30

Oct. 2, - Nov. 20, 2013

The true measure of a man is not how he behaves in moments of comfort and convenience but how he stands at times of controversy and challenges.

Martin Luther King, Jr.

**Required Text:
The I of the Storm
by Gary Simmons**

Facilitated by Angela Denton MA; P.D. MFT

Conflict is part of the human experience and individuals react to it in many different ways. Some people avoid conflict and leave relationships, jobs, organizations, and churches when the appearance of a challenging individual, group of people, or situation arises. Others like to face it head on like a linebacker ready to plow down anyone who appears to be against them. Some dig their heels in and are not willing to see more than their point of view. Still others watch from the sidelines with great uneasiness or stand in judgment of others looking for someone to blame. All reactions depicted above engage resistance in some form or another.

The I of the Storm classes will help you to understand the dynamics of conflict, how to embrace it, and finally be spiritually transformed by it. Participation in the course will empower you to be an instrument of peace in your family, community, and the world.

Class Fee: Love Offering

**Invitation to
A Course in Miracles [ACIM]
Study Group
Special Presentation**

**“A Course in Miracles
and the Omaha Connection”**
*by Rev Reja Joy Green

Learn the fascinating story of What Is ACIM, how the scribing of the Course came about, the connection of ‘Omaha’ with the discovery of an early manuscript and the final release of the copyright.



Thursday, September 5, 2013
11-12:30 pm

*Rev Reja Joy Green is one of the founding members of Course in Miracles Society [CIMS], publishers of the early 1972 original edition of A Course in Miracles. Rev Reja Joy facilitates an ACIM study group at Unity of Omaha and also Co-facilitates the Daily Lesson Conference Calls along with Rev Pamela Whitman, instructor of this weekly [Thursday] mid-day ACIM Study Group at Unity by the Shore.

Building Fund Update

by Blanche Krubner

Our building fund savings, accumulating in a money market fund at TD Bank, have just reached an encouraging milestone: as of July 31, 2013, the fund holds **\$14,979.75** Your pocket change, deposited in the miniature house that stands near the hospitality tables, is an important source of contributions to help grow our fund. (Bills and checks are equally welcome.) Why not remember to drop whatever coins you have into the "piggy bank" each time you find yourself in the Unity building? With cash at our disposal our range of options will be that much greater when decision-making day arrives.

Be Still and Know

by Dr. Carol Penn

Beginning on the first Sunday in October, Dr. Carol Penn and Rev. Patricia Dunkin will be co-facilitating a **Meditation Workshop Series on the first Sunday of each month from 12:15 to 1:30 pm.** This series offering grew out of work that Rev. Pat and I began in response to Hurricane Sandy and the workshops that followed in the aftermath of the storm's devastation. Based on the evaluations that we received from that original workshop as well as subsequent workshops, the vast majority of participants asked for more experience and time with the meditation. Rev. Pat and I have put our heads and our hearts together and are presenting: **Be Still and Know, A Facilitated Meditation Experience for Mind, Body, and Spirit.**

Meditation is the practice of relaxed self awareness. We will be exploring the three major areas of meditation: concentrative, mindfulness, and expressive.

From the Center for Mind Body Medicine's *Best of Stress Management Workbook and Journal*: Most of the early research on meditation centered on concentrative meditation, which consists of focused awareness on a particular object, such as an image or sound. For example, Dr. Herbert Benson's ground breaking best-seller, The Relaxation Response described the health benefits of a particular concentration technique: repeating a meaningful word or phrase, known in Sanskrit as a mantra.

Mindfulness meditation involves being relaxed and aware of thoughts, feelings, and sensations as they arise, without the focus on a particular object. Studies of mindfulness meditation have emphasized its value as a stress management technique and have included programs that combine mindfulness with psychotherapy and with conventional treatments for conditions like chronic pain and psoriasis.

Expressive meditation includes such active techniques as chanting, dancing, whirling, shaking, and fast deep breathing. Though different from the other two, it helps to induce the same kind of relaxed, aware state. Expressive meditation has not yet been the subject of significant scientific research, but it has been used for thousands of years to mobilize the healing potential of body and mind.

From time to time we may have a guest facilitator, and Rev. Pat and I will lead individually and collectively as our schedules permit. We are looking forward to the journey with you. In the meantime: Be Still and Know. See you in October!

SEPTEMBER

Penny Gnesin	9/1
Aileen Meares	9/2
William Guzy	9/11
Phyllis Quinn	9/12
Drusilla Cromer	9/15
Patricia Dunkin	9/19
Antoinette Leming	9/19
Gayle Hammond	9/22
Wendy Bartel	9/24
Marian McKillop	9/30
Maryellen Miller	9/30

Birthday Blessings

Children's Birthdays

SEPTEMBER

OCTOBER

Trinity Kurth	10/15
Hope Funcheon	10/8

OCTOBER

Beth Robinson	10/9
Paula Benanti	10/12
Deborah Bartok	10/16
Ann Dungan Maisch	10/19
Rachel Ercolino	10/20

September 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Sunday Service & Children's Church 1	2	3	12:00 Silent Unity Prayer Service 4	11-12:30 A Course in Miracles & the Omaha Connection By Rev. Reja Joy Green 1-3 Lessons in Truth 5	6	7 p.m. World Day of Prayer Vigil 7
10:30 Sunday Service & Children's Church 8	9	10	12:00 Silent Unity Prayer Service 11	11-12:30 A Course in Miracles 1-3 Lessons in Truth 7 World Day of Prayer Vigil 12	13	14
10:30 Sunday Service, New Chaplain Installation & Children's Church 12:15 Healing Circle 15	16	17	12:00 Silent Unity Prayer Service 18	11-12:30 A Course in Miracles 1-3 Lessons in Truth 19	20	21
10:30 Sunday Service & Children's Church Share Sunday 22	23	24	12:00 Silent Unity Prayer Service 25	11-12:30 A Course in Miracles 1-3 Lessons in Truth 26	27	10:30-1 p.m. Art From the Heart class 28
10:30 Sunday Service & Children's Church 29	30					

New Class
Lessons in Truth Sept 5 - Oct. 10, 1-3 p.m.

A Course in Miracles & the Omaha Connection, Sept. 5, 11-12:30
By Rev. Reja Joy Green

World Day of Prayer Vigil
7 p.m., Sat. Sept. 7

Healing Circle
Sunday, Sept. 15
12:15 p.m.

October 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Be Still and Know 12:15-1:30 Sunday, Oct 6	Healing Circle Sunday, Oct. 13 12:15 p.m.	1	12:00 Silent Unity Prayer Service 6:30-8:30 I of the Storm 2	11-12:30 A Course in Miracles 1-3 Lessons in Truth 3	4	Animal Blessing 12 Noon 5
10:30 Sunday Service & Children's Church 12:15-1:30 Be Still and Know 6	7	8	12:00 Silent Unity Prayer Service 6:30-8:30 I of the Storm 9	11-12:30 A Course in Miracles 1-3 Lessons in Truth 10	11	12
10:30 Sunday Service & Children's Church 12:15 Healing Circle 13	14	15	12:00 Silent Unity Prayer Service 6:30-8:30 I of the Storm 16	11-12:30 A Course in Miracles 17	18	19
10:30 Sunday Service & Children's Church Share Sunday 20	21	22	12:00 Silent Unity Prayer Service 6:30-8:30 I of the Storm 23	11-12:30 A Course in Miracles 24	25	26
10:30 Sunday Service & Children's Church 27	28	29	12:00 Silent Unity Prayer Service 6:30-8:30 I of the Storm 30	11-12:30 A Course in Miracles 31	I of the Storm Wed, 6:30-8:30 Begins Oct. 2	Animal Blessing Sat, Oct 5, 12 noon

CLASSIFIED SECTION

Place your ad here; anything from: garage sales, flea markets, workshops, seminars, real estate sales, items for sale, help wanted, situations wanted, your business cards, businesses, or whatever your creativity will produce. *Fly High* publishes 6 issues a year and are accessed through our web site: unitybytheshore.org and mailed through the U.S. Postal Mail to approximately 100 readers. Rate for yearly listing is \$50.00. Rate for one issue is \$15.00. Contact Barbara Ely at 732-222-2992 to place an ad or for additional information. Appearance of an ad here should not be construed as an endorsement by Unity By The Shore.

Please visit our web site:
unitybytheshore.org
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Mastering Grace & Love

Sat Oct 5, 2013 • Unitarian Congregation Lincroft, NJ • 10-5 • \$80/90

Hearts Steps; Opening To Sacred

Fri-Sun Oct 11-13, 2013 • Pt Pleasant, NJ B&B Ocean Retreat • \$299/339

Divine Serenity & Wellness

Fri-Sun Oct 18-20, 2013 • Long Beach Island, NJ Ocean Retreat • \$\$299/339

*Counseling available
 by appointment,
 on a love offering basis, with
 Rev. Joanne M. Murphy
 Please call 732-363-1710.*

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 You'll be inspired and kept up-to-date on our Unity community.
 Also come and check out our inspiring videos at the Unity By The Shore YouTube
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UNITY BY THE SHORE, 3508 Asbury Ave., Neptune, N.J. Church and office telephone 732-918-3395. Dial-A-Prayer 732-918-0040. Fax 732-918-8457. E-mail: unitybytheshore@aol.com. Web Site: unitybytheshore.org. Church Service and Children’s Church at 10:30 a.m.

Minister: Rev. Joanne M. Murphy

Board of Trustees: Angela Denton, *President*; Gwen Lewis, *Vice President*; Blanche Krubner, *Treasurer*; Rachael Fredericks, *Secretary*; Edy Chartier, James Wilson, *Members*; Orsini Sanchez, Angela Stewart, *Alternates*.

UNITY BY THE SHORE is a member of the Unity Worldwide Ministries and is affiliated with Unity School of Christianity. Publishers of the “Daily Word.”

**DOES YOUR WILL INCLUDE
A GIFT TO OUR CHURCH?**

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