

FLYING HIGH NEWSLETTER

Volume 1 Issue 1

January/February 2014

THE DEBUT OF 'SHARE THE DREAM'

"Music to give beauty to your world, lift your spirits, and bring peace to your soul"

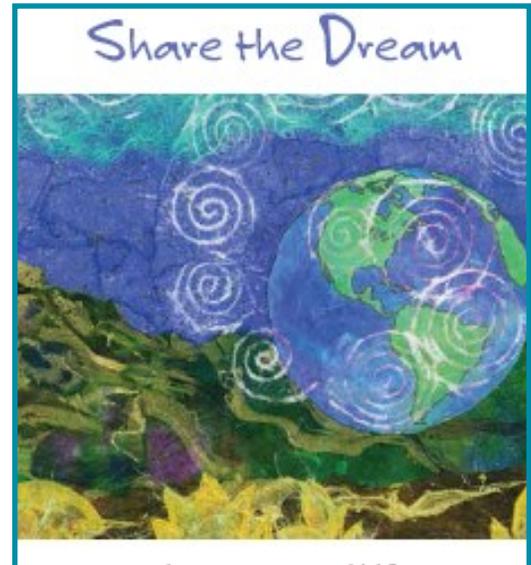
By Bill Grau

Vibrant, uplifting, beautiful...these are a few of the words used to describe Unity by the Shore's music program. Music is the cornerstone of Unity by the Shore's Sunday service. And now, you can purchase a 15 track sampling of that music.

Share the Dream began as vision to capture the sound of Unity by the Shore's talented musicians. With the help of a generous, anonymous donor, this vision became reality. And so it began. The idea was articulated and discussed over meetings, songs were chosen and demos were made. It was professionally recorded and produced at Shore Fire Studios in Long Branch.

And now you can purchase **Share the Dream** at church or by visiting :

<http://unitybytheshore.org/sharethedream-cd/>



Musical Director, Laura DuBois and Jose Loo (Photo: Matt Denton)

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- ◆ Photos from the Christmas Children's Service
- ◆ Upcoming Events

Reverend Joanne's Corner



Dear Friends,

As I write this for our Jan-Feb. newsletter, snow is on the ground and Christmas will soon be here. And, then before we know it, we will be preparing for Easter with the preparatory practice of the Lenten season. On the outer, life seems to be one of "coming and going" – always anticipating the next "celebratory" experience and hoping that life will become more prosperous and problem-free. But Life is not about running about the world trying to find satisfaction in the outer... we are to make Peace our FIRST goal. Charles Fillmore, co-founder of Unity, defines life as the expression of BEING. He tells us that life is not a period of time. Life IS. Life does not come and go. Life can neither be created nor destroyed. Life is divine and spiritual. We were created for happy, successful, healthy, prosperous living! How do we experience that? As the song says "It's All Inside Us."

"We were created for happy, successful, healthy, prosperous living! How do we experience that? As the song says "It's All Inside Us."

Let us join together as a Spiritual Community to discover the Christ consciousness within each one of us and TOGETHER in our ONENESS, we can let our Light shine!

Abundant Blessings!

Rev.Joanne

President's Message

Angela Denton (adenton10@optimum.net)

"Character is the ability to carry out a good resolution long after the excitement of the moment has passed."

~ Cavett Robert

All over the globe individuals ring in the new year with countless types of festivities and rituals. In Spain it is traditional to eat twelve grapes at midnight to ensure that each of the upcoming twelve months will be filled with happiness. In the Netherlands, the Dutch create bonfires and burn their Christmas trees to symbolize the purging of the old and the welcoming of the new at midnight with the launching of fireworks. In Scotland, the birth place of "Auld Lang Syne," individuals participate in a practice called "first footing". At the stroke of midnight, neighbors pay visits to each other to convey their well wishes. Here in the States, the most famous ritual is to watch the Times Square crystal ball drop at midnight. On New Year's Day many brave the



"Although the particulars of the rituals vary, a common thread that runs throughout all of these traditions is the reflecting on one's life with the determination to forge a more loving, joyous, prosperous and healthier way of being"

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ice cold waters and take the Polar Bear Plunge to cleanse themselves of the old. In the South, a common tradition is to eat a dish called Hoppin' John, black eyed peas and ham hocks. It is believed that if you eat peas on New Year's Day you will have plenty of everything the rest of the year. In Unity churches all over the world individuals attend Burning Bowl ceremonies where participants write down all that they desire to release to be burned away and write a God letter affirming that which they would like to experience in their lives.

Although the particulars of the rituals vary, a common thread that runs throughout all of these traditions is the reflecting on one's life with the determination to forge a more loving, joyous, prosperous and healthier way of being. As 2014 commences, The Board of Trustees will gather together to brainstorm and envision how we as leaders can better serve our community with the desire to create opportunities for spiritual growth, outreach, and fellowship as well as increasing our prosperity to sustain the day to day operations and the expansion of our physical space. The Board of Trustees asks you to include in your new year musing how you can help to make our spiritual community thrive by volunteering to serve on a ministry team or to help support special events and to bless our building expansion with your financial means.

The Board would like to thank all of you for supporting our 50/50 raffle and the gift bazaar. Proceeds from these events will support the audio/visual upgrade that will be occurring within the first few months of the new year. Additionally, excess funds will go to the building maintenance fund. In November, a new hot water heater had to be installed and the Board is mindful of the need to have ample funds for general upkeep and repairs as they arise. Lastly, the Board of Trustees would like to thank Bill Grau for stepping into sacred service as producer and editor of *Flying High*.

Upcoming Happenings:

- Announcement of the 2014 Board Candidates from The Nomination Team
- Communication of the completed suggested Amended UBTS Bylaws to be voted on at the annual meeting
- Review the suggested UBTS Amended Bylaws sessions Jan 5th & 19th after the Sunday service with the Bylaws Team
- Annual Membership Meeting will be held January 26, 2014, following the Sunday service.

PROSPERITY CORNER

*The Building
Development
Balance as of Dec.
2013 is \$15,057.68*

SEPTEMBER

Income: \$13,165
Expenses: \$11,820

Tithes:

Unity Worldwide
Ministries: \$448.50

Eastern Region:
\$224.25

Discretionary Tithe:
\$72.55

SEE Fund: \$151.70

OCTOBER

Income: \$10,791
Expenses: \$11,624

Tithes:

Unity Worldwide
Ministries: \$329.50

Eastern Region -
\$163.75

Discretionary -
\$37.85

SEE Fund: \$127.90



FLYING HIGH

Bill Grau takes over Flying High Replacing Barbara Ely as Editor

By Flo Higgins

Bill Grau knows exactly what volunteering is all about when it comes to his work at Unity by the Shore. He has been involved with the church since 2002. During that time he was a member of the church board and while on the board he served as Treasurer and Secretary. He also served on the Finance Committee.

And now he has volunteered to take on the role of Editor of Flying High, a job held by Barbara Ely for 25 years. He admitted it is a challenging role, but he is willing to devote the time and energy to the job. And he is well versed in computers and web design. He was involved in his own mini web design for a while and enjoys the design capacity of computers.

Bill is a Monmouth County person. He goes to church in Neptune, lives in Tinton Falls and

works in Eatontown. He also walks eight miles a day on his job as a postman, a job he has been doing for two decades.

He found Unity as a participant in the Course in Miracles Class which was held at the church. He decided to attend a Sunday service here and had no intention of staying, but he explained, "It was very friendly."

At the time Rev. B.J. Stannard was the minister and Jennifer Sacks, who Bill went to Ocean Township High School with, was an active member. Bill tells the story of how the two women charmed him the first time he appeared in the church. It seems he met Rev. B.J., who was her usual friendly self and then she sent Jennifer, who went to high school with Bill, to also welcome him. Bill smiles when he tells the story of his introduction into Unity. "Rev. B.J. and Jennifer teamed up to welcome me. It worked." Jennifer is now a Unity Minister in Grand Rapids, Michigan. Rev. B.J. is now a minister in Massachusetts.

Bill was won over and his younger sister, Amy Konow, was church shopping at the time and she and her two little daughters also became involved in the church. The two children now attend the church Sunday school. Bill is quick to add that he loves Rev. Joanne Murphy. "I would do anything Rev. Joanne asked me to do for the church." She asked him to take on the Flying High job and he accepted. Bill grew up going to the Catholic Church, just as Rev. Joanne and, like her, he left and searched for a new spiritual home until he found Unity by the Shore.

Bill had taken his Catholic faith seriously even to the point of entering a religious order (The Servants of Charity) with the intention of becoming a priest. He lived at the Don Guanella Seminary, which is located near Philadelphia. He managed to stay at the

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seminary for a year, then he left and also left the Catholic faith.

He attended Trenton State College and then went into banking. After that he joined the U.S. Postal Service and has been there ever since. He is an avid reader of mostly spiritual books. But he also enjoys the alternative music of Cyndi Lauper, Janis Joplin and Amy Winehouse. He has been to any number of live concerts featuring his favorites. Bill also enjoys meditation, which he does with a group to the sounds of singing chakra bowls.

Children's Christmas Service (photos: Matt Denton)



January 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 12pm Silent Unity	2 11am A Course in Miracles	3	4
5 10:30am Sunday Service 12:15pm Be Still & Know	6	7 6:30pm Prosperity Plus	8 12pm Silent Unity	9 11am A Course in Miracles	10	11
12 10:30am Sunday Service 12:30 Healing Circle	13	14	15 12pm Silent Unity	16 11am A Course in Miracles	17	18
19 10:30am Sunday Service Share Sunday	20 Martin Luther King Day	21	22 12pm Silent Unity	23 11am A Course in Miracles 1pm Living Originally	24	25
26 10:30am Sunday Service 12:30pm Congregational Meeting	27	28	29 12pm Silent Unity	30 11am A Course in Miracles 1pm Living Originally	31	

February 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 10:30am Sunday Service 12:15pm Be Still & Know	3	4	5 12pm Silent Unity	6 11am A Course in Miracles 1pm Living Originally	7	8
9 10:30am Sunday Service 12:30pm Healing Circle	10	11	12 12pm Silent Unity	13 11am A Course in Miracles 1pm Living Originally	14 Valentine's Day	15
16 10:30am Sunday Service Share Sunday	17 President's Day	18	19 12pm Silent Unity	20 11am A Course in Miracles 1pm Living Originally	21	22
23 10:30am Sunday Service	24	25	26 12pm Silent Unity	27 11am A Course in Miracles 1pm Living Originally	28	

CLASSIFIEDS

Place your ad here. *Flying High* publishes 6 issues a year and are mailed to approximately 200 readers, 95% in New Jersey with 90% in Monmouth and Ocean Counties. It can also be viewed on our Web Site: unitybytheshore.org. Rate for yearly listing is \$50.00. Rate for one issue is \$15.00 Contact Bill Grau at 732-698-6409 to place an ad or for additional information. Appearance of an ad here should not be construed as an endorsement by Unity Church By The Shore.

Please visit:

Unitybytheshore.org

*for the latest Flying High newsletter, events
and other church information.*



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Energetic Soul Healing & Clearing Retreat
Fri-Sun Jan 31-Feb 2, 2014 • Pt Pleasant, NJ B & B • \$319/359

Secrets From Master's Heart
Sat Feb 8, 2014 • Unitarian Congregation Lincroft, NJ • 2:30-6 • \$75/85

Mystical Magical Sedona Retreat
Feb 14-17 or Feb 18-22, 2014 • Sedona, AZ • \$625/725

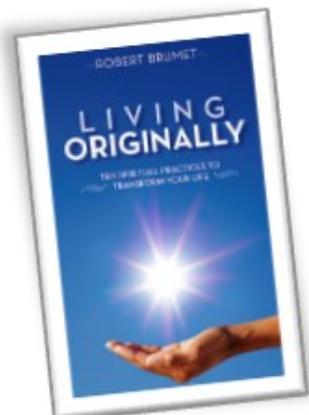


LIVING ORIGINALLY

Book by Robert Brumet, Unity Minister

January 23 – February 27
Thursdays – 1-3 pm

Taught by Rev. Joanne



You will love this powerful book...that is, if you are ready to be your True Self! You will be able to rediscover who you really are and be transformed from a false sense of self by your needs and the strategies to fulfill them. There is another way to come into higher consciousness. The practices in this excellent book will lead you to live from the truth of who you are. Everything in your world naturally will fall into harmony!

Come and join us as we experience this "promise"!

Contact Us:

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unitybytheshore.org.
Church Service and
Children's Church at 10:30
a.m.

Minister: Rev. Joanne M. Murphy

Board of Trustees: Angela Denton, President; Gwen Lewis, Vice President; Blanche Krubner, Treasurer; Rachael Fredericks, Secretary; Edy Chartier, James Wilson, Members; Orsini Sanchez, Angela Stewart, Alternates.

UNITY BY THE SHORE is a member of the Unity Worldwide Ministries and is affiliated with Unity School of Christianity. Publishers of the "Daily Word."



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